



DECEMBER 2025

Breakfast Menu

BRIDGE PREP
ACADEMY
CHARTER SCHOOL

DAILY ALTERNATE OPTIONS BREAKFAST GOOD TO GO BELOW

MONDAY

1
v **Donut Rings**
WG

Apple
Orange Juice
Milk

TUESDAY

2
Turkey
Sausage
Biscuit

Orange
Grape Juice
Milk

WEDNESDAY

3
v **Frosted**
Cinnamon
Roll

Banana
Apple Juice
Milk

THURSDAY

4
Turkey Sausage
Egg & Cheese
Pancake Sandwich

Apple
Orange Juice
Milk

FRIDAY

5
v **Bagel Bento**
Box

Orange
Grape Juice
Milk

8
v **Jump Start**
Platter
Waffles,
Scramble Eggs &
Cheese

Apple
Orange Juice
Milk

9
v **Homestyle**
Pancakes WG &
Cheesy Eggs

Orange
Grape Juice
Milk

10
Chocolate
Chip
Muffin

Banana
Apple Juice
Milk

11
Egg & Turkey
Sausage Waffle
Sandwich

Apple
Orange Juice
Milk

12
v **Strawberry**
Yogurt Parfait

Orange
Grape Juice
Milk

15
Turkey
Sausage &
Cheese
Toaster

Apple
Orange Juice
Milk

16
Turkey
Sausage
Biscuit

Orange
Grape Juice
Milk

17
v **Frosted**
Cinnamon
Roll

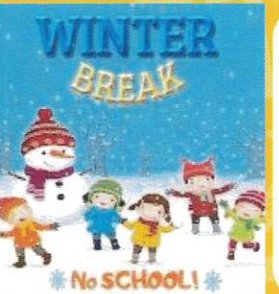
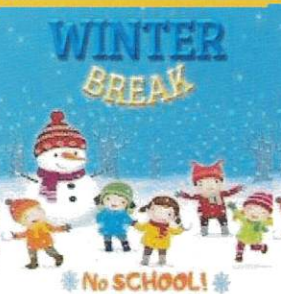
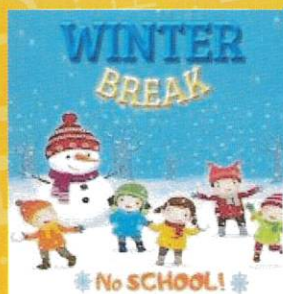
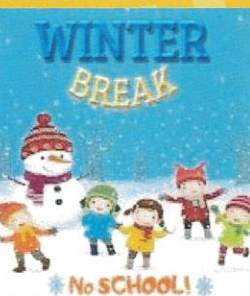
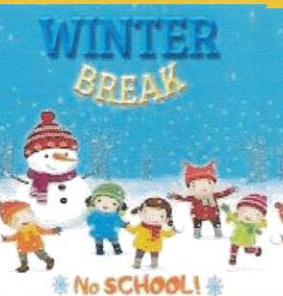
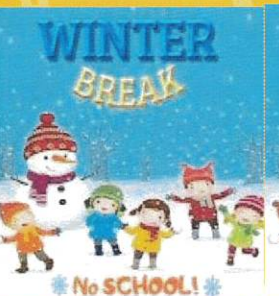
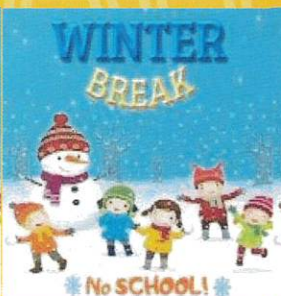
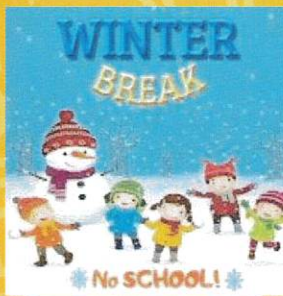
Banana
Apple Juice
Milk

18
Turkey Sausage
Egg & Cheese
Pancake
Sandwich

Apple
Orange Juice
Milk

19
v **Strawberry**
Yogurt Parfait

Orange
Grape Juice
Milk



Available Daily
A Good to Go

Includes choice of Cold Entrée, choice of fruit,
juice, and milk.

Daily Cold Entrée Offerings:
Cereal, Graham Honey Cracker

BeWell Healthy Choice v Vegetarian (Ovo-Lacto) L Local: Beef to School

This institution is an equal opportunity provider

MENU SUBJECT TO CHANGE

ELIOR NORTH AMERICA

For questions and comments, please email the Food Service Director Jorge Santiago at Jorge.santiago@elior-nacom or call 786-597-3444

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BRIDGE PREP CHARTER SCHOOL

LUNCH MENU

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast for Lunch Tater Tots Sliced Cucumbers Diced Pears/Apple	2 Penne Pasta Alfredo w/ Dinner Roll Sliced Seasoned Carrots Broccoli Florets Diced Peaches/Apple	3 Teriyaki Meatballs w/ 5 Spice Rice Stir Fry Vegetables Broccoli Florets Watermelon/Banana	4 Chimichurri Chicken w/ Tortilla chip Black Beans Baby Carrots Diced Peaches/Apple	5 Cheesy Stuffed Breadsticks with Marinara Herbed Tomatoes Garden Salad Pineapple Tidbits/Orange
8 Macaroni & Cheese w/ Dinner Roll Garden Side Salad Sliced Cucumber Diced Pears/Apple	9 Beef or Vegetarian Nacho Bar Pinto Beans Tortilla Chips Diced Peaches/Orange	10 Chicken Teriyaki Rice Bowl Garlic Broccoli Celery Sticks Mandarin Orange/Banana	11 Walking Beef Taco w/ Doritos Seasoned Green Beans Baby Carrots Diced Peaches/Apple	12 Pepperoni Pizza Herbed Tomatoes Garden Salad Pineapple Tidbits /Orange
15 Breakfast for Lunch Tater Tots Sliced Cucumbers Diced Pears/Apple	16 Macaroni & Cheese w/ Dinner Roll Sliced Seasoned Carrots Broccoli Florets Diced Peaches/Apple	17 Sweet & Sour Meatballs w/ 5 Spice Rice Stir Fry Vegetables Broccoli Florets Watermelon/Banana	18 Mojo Chicken w/ Cilantro Rice Really Ranch Pinto Beans Baby Carrots Diced Peaches/Apple	19 Cheesy Stuffed Breadsticks with Marinara Baked French fries Herbed Tomatoes Pineapple Tidbits/Orange

WINTER BREAK
No SCHOOL!

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BeWell
Mediterranean Sweet Potato

SPICEOLOGY
Elmor experiments with flavor on the menu with the use of Spiceology Salt-Free blends.

Deli Sandwiches & Entre Salads

- M:** Turkey Cheese Deluxe Hoagie
- Tu:** Southwest Chicken Salad
- W:** Chicken Caesar Wrap
- Th:** Cobb Chicken Salad
- Fr:** Chicken Taco Salad

BeWell Healthy Choice menu options
Vegetarian, Ovo-Lacto ; May Contain Eggs and Milk
* All menu items meet whole grain rich menu requirements

May be subject to amendment to reflect updated federal and state regulations.

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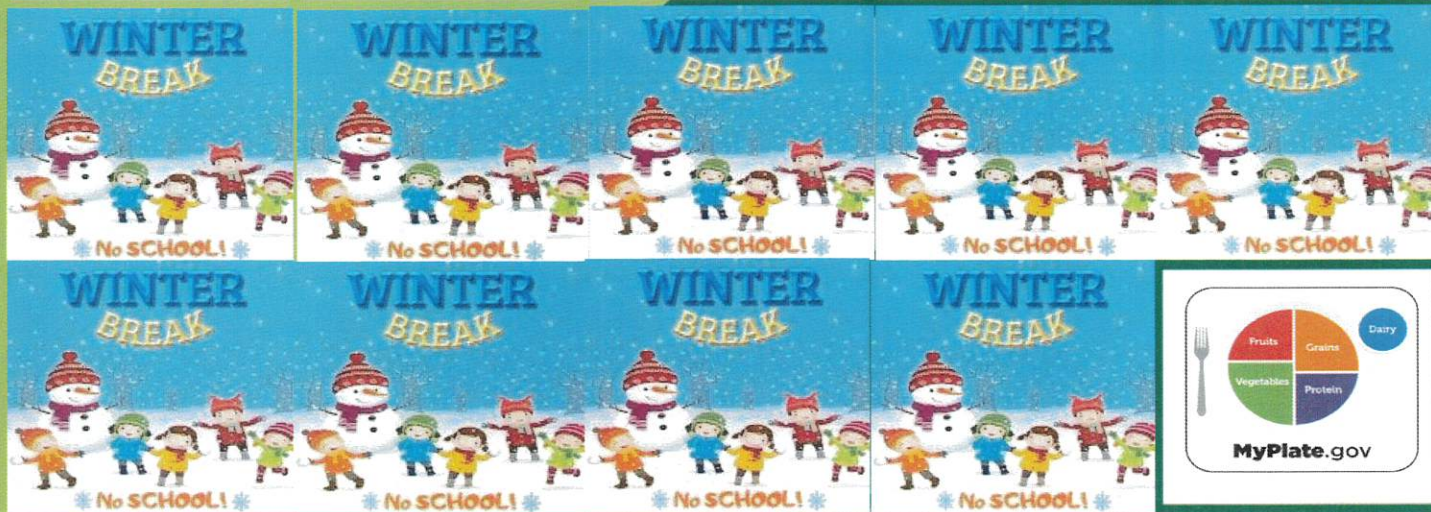
This institution is an equal opportunity provider.
Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergy you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.
ELIOR

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BRIDGE PREP CHARTER SCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 RF Cool Ranch Doritos Apple Red Delicious	2 WG Blueberry Muffin Milk	3 Yogurt Strawberry Danimal Graham Cracker Cinnamon	4 Harvest Cheddar Sun Chip Apple Red Delicious	5 WG Crunchy Baked Cheetos Mozzarella String Cheese
8 WG Frito Corn Chip Apple Red Delicious	9 WG Chocolate Chip Muffin Milk	10 Yogurt Strawberry Danimal Graham Cracker Cinnamon	11 WG Cracker Cheez it Apple Red Delicious	12 RF Nacho Cheese Doritos Mozzarella String Cheese
15 RF Cool Ranch Doritos Apple Red Delicious	16 WG Blueberry Muffin Milk	17 Yogurt Strawberry Danimal Graham Cracker Cinnamon	18 Harvest Cheddar Sun Chip Apple Red Delicious	19 WG Crunchy Baked Cheetos Mozzarella String Cheese



BeWell Healthy Choice menu options
Vegetarian, Ovo-Lacto, May Contain Eggs and Milk
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K-12 by Elmor

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